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Timex Ironman

Product description An essential training companion that makes a bold statement, the Timex Ironman Road Trainer digital heart rate monitor series offers performance and comfort in a next-generation style. This innovative tool is designed for both fitness enthusiasts and weekend warriors to help them meet their exercise goals.

Timex Full-Size Ironman Road Trainer Heart Rate Monitor

just recently got back into exercising daily. wanted a cheap heart rate monitor. i have had timex watches in the past and i really liked them, so the price was right so i decided on this model. this is pretty straightforward. attach the chest strap slightly below the nipple line snugly. moisten the electrodes with water or electrode gel. press ...

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